

- 1. My planner
- 2. My medical tests
- 3. My medication

My medication

Use this table to record all medicines, supplements or treatments you may be taking, either for your MS (including disease-modifying therapies [DMTs] and those to control your symptoms) or to help with other aspects of your health. If you've not yet started any treatments, you can use this section to list any medications that have been suggested to you, questions you may have about them or any that you might like to know more about.

Sometimes it can be useful for your healthcare team to consider all your medications together. If you need more space, print or save another copy.

Medication name:

Start date: Day Month Year

End date: Day Month Year

How's it going?:

(e.g., reason you take it, if you feel it's improved your MS, side effects, reason for stopping it if relevant)

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